

AMENDMENTS

In accordance with 37 C.F.R. §1.121, please amend the above-identified application as set forth below.

Amendments to the Claims:

Please amend the claims as set forth below.

1-56. (Cancelled)

57. (Currently Amended) An adjuster for the vertical adjustment of a head restraint ~~having at least two support elements~~, comprising:

~~a~~ at least one head restraint holding module for holding the head restraint, the at least one head restraint holding module having a first adjusting element to be engaged with a first support bar of the head restraint and a second adjusting element to be engaged with a second support bar of the head restraint, the first and second adjusting elements being ~~adjustment means~~ variable in at least one adjustment direction for vertical adjustment of the head restraint held by the at least one head restraint holding module, ~~the head restraint having drive means for producing an adjustment movement for moving the adjustment means,~~

~~wherein a~~ first separate flexible transmission means and a separate adjustment means are being in communication with each support element the first adjusting element and a second flexible transmission means being in communication with the second adjusting element, and

~~wherein each transmission means transfers the adjustment movement of the~~ a drive means coupled to the first and second adjusting elements for producing an adjustment movement for moving the first and second adjusting elements to the adjustment means in communication with each respective support element.

58. (Currently Amended) An adjuster according to claim 57, wherein the at least one head restraint holding module ~~further~~ comprises:

at least two holding modules, whereby each of the at least two holding modules is associated with one of the ~~at least two support elements~~ first and second support bars and is designed to accommodate the same;

whereby one of ~~said separate adjustment means~~ the first and second adjusting elements is in communication with each of the at least two holding modules; and

wherein the ~~adjustment means~~ first and second adjusting elements of the at least two holding modules are at a distance from one another.

59. (Currently Amended) An adjuster according to claim 57, ~~wherein the transmission means comprises~~ further comprising:

common transmission means and distribution means, the common transmission means ~~for transferring of~~ the adjustment movement of the drive means to the distribution means, whereby the distribution means transfers the adjustment movement from the common transmission means to the ~~separate~~ first and second flexible transmission means to the same extent.

60. (Previously Presented) An adjuster according to claim 57, wherein the drive means comprises an electric motor for producing the adjustment movement.

61. (Currently Amended) An adjuster according to claim 57, wherein the drive means comprises a gear mechanism for transfer of the adjustment movement to the first and second flexible transmission means.

62. (Currently Amended) An adjuster according to claim 57, wherein the ~~separate~~ first and second flexible transmission means each comprise exactly one transmission element for transfer of the adjustment movement of the drive means to the ~~adjustment means~~ adjusting element.

63. (Currently Amended) An adjuster according to claim 57, wherein the first and second flexible transmission means ~~comprises~~ comprise at least one Bowden cable.

64. (Currently Amended) An adjuster according to claim 57, ~~further comprising:~~
wherein the first and second flexible transmission means ~~being~~ are adapted to transfer a force to the ~~adjustment means~~ first and second adjusting elements, respectively, for movement of the ~~adjustment means~~ first and second adjusting elements in a first adjustment direction;

wherein the at least one head restraint holding module further comprises mechanical energy storage means coupled with the ~~adjustment means~~ first and second adjusting elements, the mechanical energy storage means adapted to take up energy on movement of the ~~adjustment means~~ first and second adjusting elements in the first adjustment direction; and

wherein the mechanical energy storage means assists movement of the ~~adjustment means~~ first and second adjusting elements in a second adjustment direction by releasing stored energy.

65. (Previously Presented) An adjuster according to claim 64, wherein the first adjustment direction is different from the second adjustment direction.

66. (Previously Presented) An adjuster according to claim 64, wherein the mechanical energy storage means is flexible.

67. (Previously Presented) An adjuster according to claim 64, wherein the mechanical energy storage means comprises a spring.

68. (Currently Amended) Adjuster according to claim 67, wherein the spring is in communication with the ~~adjustment means~~ first and second adjusting elements;

wherein the spring is tensioned on movement of the ~~adjustment means~~ first and second adjusting elements in the first adjustment direction; and

wherein the spring assists the movement of the ~~adjustment means~~ first and second adjusting elements in the second adjustment direction.

69. (Currently Amended) An adjuster according to claim 67, wherein the spring is in communication with the ~~adjustment means~~ first and second adjusting elements;

wherein the spring is compressed on movement of the ~~adjustment means~~ first and second adjusting elements in the first adjustment direction; and

wherein the spring assists the movement of the ~~adjustment means~~ first and second adjusting elements in the second adjustment direction.

70. (Currently Amended) Adjuster according to claim 64, wherein the mechanical energy storage means is disposed on ~~at least one~~ the first and second support bars, the mechanical energy storage means being coupled to the head restraint and further coupled to the ~~adjustment means~~ first and second adjusting elements.

71. (Currently Amended) An adjuster according to claim 57, wherein the first and second flexible transmission means ~~comprises~~ comprise at least one shaft for transfer of the adjustment movement of the drive means to the ~~adjustment means~~ first and second adjusting elements.

72. (Currently Amended) An adjuster according to claim 71, wherein the at least one shaft is coupled with the ~~adjustment means~~ first and second adjusting elements such that a rotational motion transferred by the drive means to the at least one shaft causes a linear adjustment movement of the ~~adjustment means~~ first and second adjusting elements.

73 (Currently Amended) An adjuster according to claim 71, wherein a portion of the at least one shaft is threadedly engaged to the ~~adjustment means~~ first and second adjusting elements, and wherein said at least one shaft forms a spindle drive for the ~~adjustment means~~ first and second adjusting elements.

74. (Currently Amended) An adjuster according to claim 73, wherein the portion of the at least one shaft has a thread, adapted for engagement with a thread formed on the ~~adjustment means~~ first and second adjusting elements, in order to form the spindle drive.

75. (Previously Presented) An adjuster according to claim 71, wherein the at least one shaft is flexible.

76. (Previously Presented) An adjuster according to claim 57, wherein the adjuster comprises an actuation device for operation of the drive means.

77. (Currently Amended) An adjuster according to claim 57, wherein the drive means is disposed at a distance from the at least one head restraint holding module.

78. (Currently Amended) An adjuster according to claim 57, wherein the ~~separate~~ first and second flexible transmission means ~~transfers~~ transfer the adjustment movement of the drive means essentially in the same direction to the ~~adjustment means~~ first and second adjusting elements.

79. (Previously Presented) A seat with a head restraint, wherein the seat comprises an adjuster according claim 57 for the vertical adjustment of the head restraint.